

Lenten Reflection

First Sunday of Lent, February 14, 2016

By Sister Carol Stenger, CDP



“...faith is nourished, hope increased, and charity strengthened...
that we may learn to hunger for Christ.” (Prayer after Communion)

As we reflect on the temptations of Jesus in the desert, let us imagine that He didn't just have three temptations one time in his life. Perhaps the writers of scripture just nicely placed His temptations in one nice neat place – the desert! It would be nice to just have three temptations all within 40 days of life and then be done with them!!!

We “live in a desert” full of many temptations that I would like to refer to as “getting off the track” or “missing the point” or “failing to see” with the eyes of faith, the heart of love, the ability to act with justice. Below is a “nested meditation” I wrote that hopefully will nourish your faith, increase your hope, and strengthen your love as you hunger for Christ this Lent.

A Spirit-Led Life

Sister Carol Stenger, CDP; Lent 2016

We live in a desert - Earth.
We live in a desert-
Earth is our home, full of life!

We live in a desert –
Earth is our home, full of life- giving
opportunities await us!

We live in a desert –
Earth is our home, full of life - giving
opportunities that await us
in those without bread

We live in a desert –
Earth is our home, full of life – giving
opportunities await us
in those without the bread of love!

We live in a desert –
Earth is our home, full of life – giving
opportunities await us
in those without the bread of loving
hands that sees God in each other!

We live in a desert –
Earth is our home, full of life – giving
opportunities await us
in those without the bread of loving
hands that sees God in each other -
and tests not the hand of God.

We live in a desert –
Earth is our home, full of life-giving
opportunities await us
in those without the bread of loving
hands that sees God in each other -
and tests not the hand of God's
gifts of compassion, justice and peace!