

Sun	Mon	Tue	Wed	Thu	Fri	Sat
11/29 *read: <Laudata Si> (No. 71) *practice: Meditation about "Waiting" is coming through Nature.	11/30 *read: <Laudata Si> (No. 1) *practice: Remember about mother's warmth compare with nature's bosoms.	12/1 *read: <Laudata Si> (No. 20) *practice: Enjoy walking in nature for a long walks, and plan to walk more often.	12/2 *read: <Laudata Si> (No. 116) *practice: Reflection about " world domination; need for responsible management."	12/3 *read: <Laudata Si> (No. 151) *practice: Discuss with neighbors about "Protection of nearby common areas and method to strengthen protections"	12/4 *read: <Laudata Si> (No. 34) *practice: Talk with neighbors about the surrounding "herbs and medicinal plants."	12/5 *read: <Laudata Si> (No. 42) *practice: Make a list of plant and animals in the area where I live
12/6 *read: <Laudata Si> (No. 71) *practice: Visit local non-profit organizations; thank them for their activities, working for the earth.	12/7 *read: <Laudata Si> (No. 19) *practice: Be aware of what hurts the poor, pray for their healing and take proper action.	12/8 *read: <Laudata Si> (No. 68) *practice: Spend quiet time with nature, learn something from the mysteries of nature.	12/9 *read: <Laudata Si> (No. 227) *practice: Enjoy traditional food and share information about native crops.	12/10 *read: <Laudata Si> (No. 143) *practice: Look for traces of nature in cultural customs and talk about their meaning with neighbors	12/11 *read: <Laudata Si> (No. 143) *practice: Investigate ecosystem damage that occurs in the vicinity and check what actions are required.	12/12 *read: <Laudata Si> (No. 14) *practice: Interfaith talking and reflecting on the environment.
12/13 *read: <Laudata Si> (No. 71) *practice: Brother sun, sister moon, Praise the creator of all creation.	12/14 *read: <Laudata Si> (No. 85) *practice: To admire the beauty of all kinds of leaves.	12/15 *read: <Laudata Si> (No. 179) *practice: Support of and solidarity with regional environmental campaigns.	12/16 *read: <Laudata Si> (No. 102) *practice: Sharing things I do not use.	12/17 *read: <Laudata Si> (No. 58) *practice: Reduce and recycle plastic and waste.	12/18 *read: <Laudata Si> (No. 149) *practice: With generous heart, let the neighbors enjoy Christmas.	12/19 *read: <Laudata Si> (No. 177) *practice: Explore earth protection policies and practices.
12/20 *read: <Laudata Si> (No. 98) *practice: Make a manger; meditate on the close relationship between the manger and nature.	12/21 *read: <Laudata Si> (No. 103) *practice: Thank God for the inventions that have improved human life.	12/22 *read: <Laudata Si> (No. 211) *practice: What are nature- friendly habits? Talking with neighbors.	12/23 *read: <Laudata Si> (No. 222) *practice: Make ecological plans for new year.	12/24 *read: <Laudata Si> (No. 97) *practice: Enjoy the choral singing of birds on Christmas.	12/25 *read: <Laudata Si> (No. 238) *practice: Welcom Jesus to the beautiful earth.	"Laudata Si "